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Contents

President's Page	3
New Teeth For Old	5
How To Be Wisely Selfish	8
The Importance of Orthodontics	12
A.D.A.A. at Work and Play Pictures of 1952 Convention Events	16
The Certification Picture	25
Letter From Our British Friends	27
Readers' Comment	28
Secretary's Corner	29
Views of the News	30

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Merry Christmas . . .
Happy New Year

Is the sincere wish of your
Newly elected Officers and of the
Staff of The Dental Assistant.

Here's looking toward a
great forward movement in the
destiny of our Association.



THE *President's* PAGE

Dear Members:

At the time of this writing our committees are beginning to formulate plans for our year's activities. The Membership Committee has begun to draft ideas for contacting over 11,000 non-member assistants. Both the Education and Clinic Committees have started their work, and other committees are about to do so. We are off to a good start, but we need everyone, so please do your part too.

Helen Thomas of Akron, Ohio and Jean Hankey of Cleveland, Ohio will serve as Convention Arrangements Chairman and Co-chairman, respectively, for our next annual meeting to be held in Cleveland, Ohio in September 1953. All of the Ohio girls have entered into the spirit of cooperation, and I am confident that another outstanding meeting is in the making.

About this time our thoughts drift toward our holiday season, Thanksgiving, Christmas, and then another new year. At this particular time, more than any time of the year, our thoughts drift toward friendship. It is my hope that dental assistants throughout the world will dedicate themselves to **WORKING, JUST A LITTLE MORE FOR GREATER FRIENDSHIPS**, during this wonderful season of our year. It was our good friend, Marion Edwards of Canada, who suggested that we place emphasis on friendship for one of our divisions of the year. I believe that many beautiful friendships have developed by our contacts with the members of the Canadian and British organizations; and if enough thought and sincere effort is placed on these friendships that some day the dream of an International organization will materialize.

I was deeply impressed by a word picture one of our Trustees, Alma Troutman, painted in a recent letter. I liked it so well that I want to share it with you—and I quote, "The following is the way I like to picture a

dental assistant in her society. First, is her own local society, which is the foundation. The harmony, created by working together and friendships formed, must begin here. The state association adds to the structure. It is through the state association that she is informed of the work of other groups in the state. She receives new ideas for use in her own local. It is here also that more friendships are made. Last, but by far not the least, is the American Dental Assistants Association, this is the additional rooms and covering, or roof, for the structure. Through this affiliation she is in contact with members throughout the United States through reading the journal. News of activity in other districts, along with pictures, as well as articles of much value appear in each issue. Here again more new friendships are made, with members from everywhere. Members from Hawaii, Canada and England are heard from. Is there anything more gratifying than to be able to include among our dearest friends dental assistants from everywhere, girls who are interested in the same things we are? I consider these friendships one of my most cherished possessions."

Don't you agree that this is a beautiful word picture? In closing I would like to leave you with a thought for the holiday season by quoting James Wallingford:

"Christmas is not a day or season, but a condition of heart and mind. If we love our neighbors as ourselves; if in our riches we are poor in spirit and in our poverty we are rich in grace; if our charity vaunteth not itself, but suffereth long and is kind; if when our brother asks for a loaf we give ourselves instead; if each day dawns in opportunity and sets in achievement, however small; then everyday is Christ's day and Christmas is always near."

Holiday greetings to each of you from your President,

MARIE JOHNSON

"NEW TEETH FOR OLD"

By DR. VICTOR H. SEARS

A Well Known Denture Specialist Tells of His Efforts to Educate Patients

ABOUT THE AUTHOR: Dr. Sears is a Past President of Denture Prosthetics, Past President, Academy of Plastics research, formerly on the staff of New York Polyclinic Hospital and Bellevue Hospital, member of Salt Lake District Dental Society, Chicago Dental Society, member of Dental Forum, Federation Dentaire Internationale, International Society for General Semantics, Honorary member of several Latin-American Dental Societies. Trustee Pierre Fauchard Academy.

He is the author of more than 100 published articles and seven books on dentistry, many translated into foreign languages. Author of Prosthetic manual in Spanish.

As you dental assistants know, American dentistry has made great strides in recent years; but, unfortunately, many of our known dental health measures are not put to full use because of a bottleneck in the flow of communication between the busy dentist and his equally rushed patient.

Every dentist would like his patients to be well informed and cooperative. Unfortunately, the average layman has little opportunity to learn the facts of dental health unless the dentist sees to this. When informed, patients are more cooperative.

Patients need two kinds of dental health information:

First, generalized background information, preferably in printed form so that they may refer to it at leisure; and secondly, specific professional diagnosis and advice, which, of course, must be given to the patient by the dentist in the dental office.

If the patient already has good background information in dental health, it will not only be easier for him to understand the personal diagnosis given him,

but he will be more cooperative in following through with treatments.

How can the dental assistant do her part in helping her dentist to educate his patients? Busy herself, how can she give each patient the needed information?

Many dentists feel a dental assistant is most useful when she follows her own womanly instinct to comfort, encourage and instruct. In a dental office, as elsewhere in a harried world, people enjoy being mothered when they are ailing.

A businessman with thinning hair and dwindling teeth, far from being offended at a lecture on his eating habits—from a pretty dental assistant—is likely to be touched by her concern for his health.

He is also quite likely to forget all she told him ten minutes after he leaves the office. That's why printed material should be given to the patient to take home.

A considerable amount of dental health material is available through the American Dental Association, state health associations and local dental societies. However, most of this is for general dentistry. When a dentist confines his practice to a specialty, he needs special literature for his patients.

Recently I wrote a book entitled, "New Teeth for Old." Published by C. V. Mosby Company of St. Louis. This book is now in its second edition. Its popularity has been ample proof, if proof were needed, of the need for packaged health information for presentation to the patient.

While primarily interested in the patient who has lost all or many of his natural teeth, I included chapters as

well on how to save natural teeth. In addition to the book, "New Teeth for Old," we keep a small table stacked with pamphlets on dental health.

I have long believed that interesting information is as contagious as diseases. We find that many patients are glad to get such information that they can relay to others.

Let's go back to the dental assistant in her crisp white uniform scolding the businessman for neglecting his health. Perhaps, she has caught him removing his newly made lower partial from his pocket instead of his mouth. While he waits to be admitted into the dental room, he tells the assistant his new teeth wouldn't work on steak so he lunched on dunked doughnuts. The dental assistant listens sympathetically, then calls his attention to that part of "New Teeth for Old," that explains how he can choose strengthening liquids and chopped foods while his tender gums heal and he learns the tricks in handling his new teeth. (Of course, he should have read the book before this.) He takes the book home, where his wife glances at the intriguing cover, leafs through the recipes with interest, then begins back at Chapter 1 on "How to Lose your Natural Teeth." She glances up from a paragraph on the disastrous effect of acid candies to see junior sucking on a lemon drop. For the first time, she may realize that if Junior's teeth are treated with fluorine rather than lemon drops, he will keep them longer.

The dental assistant can help to educate the public if she keeps in mind that a dental office is not just a shop for selling fillings and false teeth. Patients come to a dental office seeking help for oral illness, or they wish to improve their personal appearance. A dentist can help his patients to eat more comfortably and to live longer. He can restore to the orally ill a clean and comely smile and normally curving cheeks and jaw position.

Patients have a way of turning to the girl in white, seeking sympathetic reassurance as they wait their turn in a dental office. This is a splendid time for the dental assistant to give dental health information.

Children are especially impressionable. You can do more than comfort the youngster on his first trip to the dental office. You can be a lifelong influence in his life if you can arouse his enthusiasm for preserving his teeth. At the same time you can bulwark this enthusiasm by handing his mother printed health information to follow through at home.

If you use "New Teeth for Old" as an educational aid in your office, by all means call every mother's attention to chapters on diet and on prevention of tooth decay.

Since my own practice is chiefly concerned with prosthetics, I'll fall back on another illustration relating to health information and artificial teeth.

How can the assistant encourage the disparing young woman, or older patient, who comes to the office, and whispers she fears she must lose all her teeth. Many women at this point are close to hysteria. A woman, herself, the dental assistant can readily understand the blow to vanity. For this very reason her tact and sympathy can be effective.

Perhaps her most important points on which to reassure the patient are these: Today no one within reach of modern dentistry must undergo a period of toothless waiting for dentures. The process of immediate dentures spans the gap between loss of the natural teeth and insertion of new ones.

The second and even more important point of reassurance is this: Modern synthetic teeth and gums are so natural in appearance the woman patient will likely gain, rather than lose, in attractiveness. She can be fitted so well that changes in speech will be negligible. Many screen, radio, and stage stars, the

assistant confides, have changed to artificial teeth without the public's awareness and without missing a daily performance. This sympathetic reassurance is invaluable.

But again it should be followed up with more detailed information which the patient may study at leisure.

In "New Teeth for Old," written specially for the denture patient, are chapters on Immediate Dentures, Fit, Occlusion, Servicing, Diet and How to Enjoy your Artificial Dentures.

The chapter on Immediate Dentures allays a great deal of patient's worry by explaining how skilfully the natural teeth are copied and how the patient's appearance is actually improved by the restoration of youthful facial contours and the removal of unsightly decayed teeth. Moreover, it explains the advantages of immediate dentures better than the busy dentist and assistant might do. It explains also what disadvantages and discomforts may be expected and what upkeep will be needed. It prepares the patient for the later expense of refitting or the making of subsequent dentures.

Since women have always favored the use of art to improve on nature, they will be interested in learning of the Art in Artificial dentures described in Chapter 7.

Gone are the days of the "China Clippers."

But does each of your patients learn of the scientific care with which teeth are selected for size, shape and form to match the contours of the individual face and for color harmonizing with the patient's complexion?

Women patients, who spend time achieving a "carelessly" natural arrangement of their hair, will be happy to learn of the art of slight irregularities in setting up artificial teeth. And accustomed all their years to girdling the figure to fashionable curves, they will be delighted to learn of dental arts in restoring youthful contours of the face.

Two more chapters of "New Teeth for Old" were designed to save individual explanations by the dentist or assistant. These chapters give the patient a great deal of helpful information. They also stress the fact that the patient's attitude has a great deal to do with eating efficiently and speaking naturally. They warn that loss of fit must be expected as ridges shrink and that the patient should rely on professional aid rather than self-experimenting with powders, pastes, and pads.

So much for dental education of denture patients.

If you are employed in a general practice office, check your state and local dental societies or write to the American Dental Association for dental health pamphlets. If you can't find all of the printed health information to fit the specialized need of your office, you might get together with your dentist and write your own.

That's what I did.

CHARLES E. WILSON ON AMERICA

Charles E. Wilson, president of General Motors, had the following to say about a year ago:

"The important facts about America are these: First, our present system is the best that has ever been devised in history. Second, it has an inherent ability to improve itself, and, in fact, is constantly improving. And, third, it is built on the desirability of progress and improvement. Therefore, to argue that we should scrap our system because it isn't already perfect, makes no sense.

I look upon America today as I look upon a 1951 car. They have both come a long way from their early beginnings. Both can stand improvement. But each of them is far and away the best thing of its kind that has been produced to date. God willing, I hope to do my share toward building still better motorcars; and, as one in millions, to do my part toward creating a better country."

How To Be Wisely Selfish

Presented by JOHN O. WILSON, JR., D. D. S.

Before Annual Meeting, Georgia Dental Assistants Association

The thoughtful person, in looking around him, ponders upon the causes of the deplorable treatment we give each other in our every day relationships. He observes the road hog, the horn blower, the check out counter chiseler, the line crasher, and the whole host of "get out of my way" people, who make life less pleasant every day. A survey study tells him that bad human relations are responsible for 80% of jobs lost. One friend slanders another, petty jealousy sours dispositions and besmirches reputations. In ten thousand little ways ten thousand little people add impetus to the world's unhappiness.

Our thinking person, who could be you or myself, wonders why philosophy, religion, psychology, and the total wisdom of the ages, have not taught us better manners and morals. Somewhere, something has failed. While in this vein of thinking, we then begin to examine the popular and successful people around us and try to see the secret of their accomplishment. It is soon evident; they basic asset, their golden secret, their magic key is simply—they know how to get along with other people.

Then, there follows this observation for us. Since courtesy, tact, and consideration, are mandatory for success and happiness, we must adopt this way of thinking if we are to realize our fullest potentialities. And if our religion has not previously taught us the golden rule, then from sheer selfishness we must adopt it in order to get the things we want. Hence, the title of our article, "How to be Wisely Selfish."

Nothing original in thought or context is claimed here, since people in every age have made some such discovery. Dostoevski once said: "To

love people, you have to hold your nose and shut your eyes, but love them you must." Perhaps this cynical statement goes a little too far, but it illustrates a point.

To attack the problem positively we must have a basis for action. This entails some guides or rules. The ones used herein are borrowed from Dale Carnegie, whose human relation rules I am familiar with, and in whose philosophy, I believe. Mr. Carnegie lists 34, but we will consider only three.

Rule No. 1

Don't criticize, condemn, or complain.

There are those of us who spread gossip about others. Looking from another angle, do you honestly trust or admire someone who does this? Do you not suspect that this person, who just told a story on another person, might do the same to you when your back is turned? Do you not know the people among your acquaintances who do gossip? Are they well liked or popular?

In Dentistry and other professions are found those who condemn work done by others. Do you always do the best work that is possible for you to do? Would you appreciate an opinion withheld until the circumstances surrounding such work were known?

Do you suppose the patient is more confident in you because you condemned some one else? Is it not possible that the one criticized may hear what you have said, and become an active enemy?

Do you know a person of whom you are afraid to inquire? "How are you?" for fear you will be told, endlessly? Do you know people who have never felt well a single day in their respective lives? Do you know a more effective way to be an utter bore than to talk

about your health, or operation? Have you ever caught yourself doing this treacherous thing?

We might well remember that there are no candid camera photographers in business. Each of us patronizes the photographer who high lights our good features and re-touches the bad ones.

Learning to like people by looking for the good in them eliminates any habits of criticizing or condemning. As you well remember, Franklin had a most spectacular change in attitude in his youth. Originally a master of criticism and condemnation he had a superb ability to make enemies. After a round of self appraisal, he decided to become wisely selfish and deliberately made a complete reversal of policy. The story of how he became the most influential man in America, is filled with rules like the following: "I made it a rule to forbear all direct contradiction with others and all positive assertion of my own. I forbade myself language that imparted a fixed opinion."

From the pen of an unknown sufferer comes the following:

"Give me the avowed, the erect, the manly foe,

Bold I can meet, perhaps may turn the blow.

But of all plagues, good Heaven,
thy wrath can send,

Save, save, oh save me from the candid friend."

About forty miles from Atlanta is an exceptionally clean and attractive tourist court, operated by Mr. and Mrs. William Childs. As his regular job Mr. Childs is a trouble shooter for a local dental supply house. He is a master at appeasing irate dentists, who, sometimes, become unduly upset over some what trivial matters. He is the type salesman, who having sold you a nice order, makes you feel he has done you a favor, in letting you buy it. With his quiet smile, he is able to make observations about people, without offending them. The story I am about to

tell is his, and the villain in it might have been some one you know. One morning a man and his wife came in for an early lunch and both ordered pork chops. Duly served, the woman ate hers in silence, and with evident relish. The man ate his also, but with audible mutterings and complaints. Finally, no longer able to contain himself, Mr. Childs went over asked if he could prepare something else for the man. He refused but continued to mutter. Then Mr. Childs insisted he not pay his check, since the meal was not satisfactory, evidently. Backed up, the man admitted that since he had eaten the meal, perhaps it was not entirely inedible. Mr. Childs then suggested that the man examine his attitude. He said, "You have made your wife miserable, upset me, made the cook threaten to quit, and given yourself indigestion. You have succeeded in making everyone with whom you have come in contact unhappy all day. Do you not think, sir, that perhaps you may have been somewhat in error?" In the man's defense, he smiled and said, "I didn't realize what an old crab I was. Thanks to you for bringing it to my attention, I'm going to try and improve.

Rule No. 2

Give honest and sincere appreciation.

From Franklin again, this phrase that is potent in creating friendliness between two people. Some one "blows his top" says something unjust or unkind, a friend makes a statement which you know positively is wrong. Would you rather be right or have a friend? Is it worth the loss of business or prestige to be always arbitrarily right. When such a situation arises and your anger rises to your lips, stop a moment and borrow this from Franklin. "I don't blame you for feeling as you do, if I were you I should undoubtedly feel as you do." Then let them have it, if you can still do so.

Saadi, a Persian philosopher, once gave us this thought. "By using sweet words

and gentleness, you may lead an elephant by a silk thread."

Once I heard a story about a notorious rogue, or confidence man. This unsavory character could and did sweet talk and charm his way into lucrative situations. He carried no weapons, only his smooth and persuasive voice and manner. He was a master at creating confidence and good will. It was said of him that he used charm like a weapon. After his eventual incarceration he was questioned as to his motives. He readily stated it was not so much the loot gained by his actions, that gave him pleasure, rather it was the challenge of mastering the person or situation, that drove him on after he was financially independent. So, we too, besides maintaining good will by the adroit choice of words.

Here is one of my favorite stories. I can't vouch for it's authenticity, but it tells of a young man who instinctively used tact and charm as weapons. The wife of a young Hollywood lawyer, was a friend of Ingrid Bergman. When Miss Bergman had some tax difficulties, the wife brought her in to see her husband. After they left, the lawyer said to the office boy:

"George, do you know who that was my wife brought in today?"

"No, sir, who?"

"That, son, was Ingrid Bergman."

"Gee, Mr. Burlap, which one was Bergman?"

"Here George, is a dollar you just earned. Not that I think you're going to need it, but I would appreciate your throwing a little business my way, in a few years when you are rich and famous."

Suppose you decide to use this rule: *Give honest sincere appreciation.* Perhaps this is something a little new and you are at a loss as to procedure. A friend approaches, or to make it harder, some one who is not yet on your team. You notice his hat or tie and comment. The friend smiles, and you think, "Good stunt, I'll try it again." You try it again

and it works again. What happens to you? Slowly this will become a habit. You begin to look for the good in every one and finally to see the good in every one, and you, yourself become a better person.

These people with whom you come in contact every day, fellow workers, friends, family, every one of them is necessary for your success and happiness. Frequently some one of them steps out of line and your natural impulse is to mow 'em down. But wait a minute, is it worth more to you in the long run to be able to say, "Boy, did I tell him off." or to maintain friendship and cooperation? Perhaps an examination of some past incidents and their lasting results will help us form an answer. Again, if we cannot follow the golden rule for any reason, let us resolve to be wisely selfish. What do you think of the following to express a new attitude?

He drew a circle and shut me out,
Heretic, rebel, a thing to flout.

But love and I had the will to win,
We drew a circle and drew him in.

Author unknown.

Rule No. 3

Act in terms of the other person's interest.

Application of this rule requires two things. First, the desire, and second, an appraisal of each situation as it arises. The appraisal cannot be spent wholly on deciding what it is that you want. You already know that. The solution lies in finding the answer to this question, "How can I make him *want* to do it?" What can I do to convince this person that what I want is really his idea?"

Every fisherman knows that to catch a fish you have to use proper bait. Your favorite food may be steak, or strawberries, or ice cream. Anybody will admit they are all delicious, but fish are not human, so if you want to catch one you have to appraise the situation, and figure out what the fish want most to eat. In thinking in terms of his interest

you decide on worms; fat, wiggly, repulsive worms. If you appraised the situation correctly, you catch the fish.

In the lot behind Emerson's home was a young calf, just weaned. Inclement weather made him decide the calf should be in the barn. With this in mind he began to push the youngster toward the barn. The harder he pushed forward, the harder the calf set his little legs and refused to move. At the time of the greatest combination of exasperation, and determination, the Irish maid came out from the kitchen and for the first time properly appraised the situation. She thought in terms of the calf's desire, and simply inserted her finger into the calf's mouth, she led him into the barn.

Perhaps this story will appeal to parents. This tells of a problem that often comes up with growing children. A certain little girl of 3 would not eat oatmeal. The mother coaxed, begged and threatened. Finally, in desperation, she was forced to think in terms of the daughter's interests. She hit upon this clever idea. The next morning the child was asked to fix breakfast. A chair was pulled up to the stove and she was allowed to measure and stir the oatmeal. Later at the table, there was no trouble getting her to eat the oatmeal, because she had made it. She insisted upon two helpings, what cook can refuse to eat her own cooking?

Again in the fascinating field of behavior problems in children, we find this story. Despite all known methods found in the baby book, a 5 year old continued to wet the bed. Late one evening the parents were having a council of war, and they, too, were finally forced to think in terms of the son's interest. What were the things he wanted most? First, he wanted an adult sized bed of his own, and he wanted to wear pajamas, instead of a warm gown. The following afternoon he was taken shopping for a bed. By secret signals to the clerk he was allowed to select the

bed that the mother wanted him to have, and pajamas were bought. With this new feeling of recognition and responsibility, he never wet his bed and his new pajamas. He was being just like Daddy.

Perhaps in view of these thoughts we begin to see a new concept of living. It means giving a little bit more of ourselves. It entails fewer selfish, discourteous, and unthoughtful actions towards others. It requires constant examination of daily actions, and renewal of determination to improve. We can, by it, develop a positive attitude toward life. We habitually smile and are more pleasant to our fellow man. By practice, concentration, and observation, we learn never to complain or criticize. A new inner feeling or calmness and serenity in our every day dealings is our bonus. We are happier and people like to be around us. Finally, in a still small voice, comes the realization that we are on the track of wisdom of the ages. We are learning—"How to be Wisely Selfish."

A HAPPY DAY

A heart full of thankfulness,
A thimbleful of care;
A soul of simple hopefulness,
An early morning prayer.

A smile to greet the morning with;
A kind word as the key
To open the door and greet the day,
Whate'er it brings to thee.

A patient trust in Providence,
To sweeten all the way,
All these, combined with thoughtfulness,
Will make a happy day.

—ANONYMOUS

Freedom which has genuine meaning is more than a timeless abstraction, more than an absence of restraints. It is something shaped freshly in each generation wrestling with the conditions which, in that particular time, limit and extend freedom.

—HELEN M. LYND

The Importance of Orthodontics

By DR. O. LEON SMITH

*Presented to the Texas State Dental Assistants
State Convention—1952*

In defining the science of Orthodontics, the word itself is of Greek derivation, the prefix "orthos" meaning to correct or straighten, "dontos" referring to teeth, thus to correct or straighten teeth. A more scientific definition of Orthodontics is that it is a biomechanical science which has as its object the prevention or correction of malocclusion of the teeth, and the harmonizing of the structures involved so that the dental mechanism produced will be best suited to the functional activities of the human organism as a whole. There are many other definitions, but for all practical purposes I believe this is the best.

The science of Orthodontics as a special science is definitely not new. In fact, it began approximately fifty or sixty years after the first institution for dentistry was founded in 1840. Even as early as 377 B. C. manuscripts were written upon the irregularity of the teeth and means by which treatment could be accomplished. Possibly the earliest great works was written by a Frenchman named Fouchard in 1728. Many of his theories and those of others were basically sound, and many are used in various forms today.

Esthetic and psychologic benefits of Orthodontics with restoration of beauty and character to the face from a carefully planned and executed orthodontic treatment give many afflicted individuals a new and far more pleasant outlook on life. However, looks or esthetics must not be emphasized as the main or only benefit obtainable from orthodontic treatment. The ability to masticate food is of prime importance. Unfortunately this is done primarily by the posterior teeth, and

it is quite frequently difficult to impress upon the parents, in as much as these teeth do not show, that their relationship resulting in efficient mastication of food is of great importance. However, I have noted that when corrective treatment is instituted with resulting improved occlusion, the parents are visibly pleased with the ability of the patient to masticate as nature intended. Parents who had had the experience of losing their posterior teeth early in life and have noted the satisfaction in mastication that comes through artificial replacements are easily convinced that the Orthodontist is not essentially a beauty doctor, and that improvement in mastication is a laudable objective and a justifiable reason for suggesting treatment.

In considering the purposes of Orthodontics we'll divide it in two sections: First, physiological or handicaps to the physical well being. And second, psychological or handicaps to the mental well being. Now let us further break these down into several parts:

Physiological:

1. Conditions which seriously interfere with mastication of food.
2. Conditions which seriously interfere with speech.
3. Conditions which endanger the health of the teeth themselves.
4. Conditions in which mechanical relations of opposing teeth tend to restrict or prevent facial growth.

There are several conditions which may arise which prevent the proper mastication of food. I have seen cases of open bite in which only the first or second molars may be occluding leaving

the entire job of mastication to one or two teeth, and the food is seldom chewed sufficiently. Other cases which prevent proper mastication are the severe cases of distocclusion. You may recognize these cases as the Andy Gump type of face. These cases may be so severe that the entire lower arch may occlude inside the upper arch. Many cases may be in degree similar, but not as severe yet causing some difficulty to the patient.

A particular case I have in mind is a boy of thirteen whose mother brought him in because he wasn't eating. His habit of not eating had gone on for several years before his parents really became alarmed. He was underweight by approximately twenty pounds. In fact, he was a very small boy for one his age. His mother informed me that his diet would consist of only breakfast cereal and milk if they didn't insist that he eat other foods. In all probability he was swallowing the cereal without even trying to chew; for upon examining his mouth, I found that not one tooth occluded with an opposing tooth. The entire lower arch occluded inside the upper arch. I believe these parents were the most appreciative I have seen when their son could chew and actually asked for solid foods after several months of orthodontic treatment.

Another type of cases is one in which one or two teeth may be in cross-bite. In these cases the child does have occlusion of all teeth, but the teeth in cross-bite prevent the free masticatory movements necessary in chewing. The individual is able to bite, and that is all.

In cases where you have interference with mastication, health seldom is affected until the person is in his twenties or thirties. Even though a person is unable to chew food, the digestive glands are able to make up for the faulty masticatory mechanism. This could go for a number of years until the digestive glands began to weaken from overwork. At this time

the health fails and the results of a malocclusion is then evident.

In the conditions which interfere with speech you generally find four types of malocclusion excluding the cleft type cases. These are the extremely narrow arches, severe distocclusion or again the Andy Gump type, protruding upper anteriors or front teeth, and the open bite of the front teeth.

The position in which the tongue is placed in the mouth is very important in the production of sound. In the formation of the consonants *T, D, L* and *N*, the apex of the tongue rests against the upper front teeth and alveolar ridge. With consonants such as *G, H*, and *K*, the base and middle third of the tongue is used, pressing against the hard palate. You can readily see that any malocclusion which interferes with the tongue being placed in its proper position during speech would prevent the proper acoustical result.

Conditions which endanger the health of the teeth and their supporting structures are generally found in three types of cases although most any case of malocclusion may present some of these problems. In almost all cases where you have irregular alignment of the teeth, you will find areas next to the gingiva that are impossible to keep clean. Food collecting in these areas will produce caries as well as gingivitis. The caries may be corrected, but as long as you have this condition of irregularity, you will have gingivitis which eventually leads to a deeper periodontal condition. A high percentage of cases with a periodontal extractions.

Another type of cases is one which presents traumatic or pounding effect upon the opposing tooth or teeth. This condition may exist in crowded front teeth in which one tooth being out of alignment may strike hard against an opposing tooth resulting in a destruction of the tooth attachments, then progressively the bone supporting the tooth.

You will also find and get the same results in a case of cross-bite. In these cases during mastication you will get a pounding effect upon one or more teeth.

One other type of cases exists in which periodontal conditions generally result. Those cases in which teeth are out of occlusion, particularly protrusion of the maxillary anterior teeth result in a periodontal atrophy. In these cases where the teeth are never used, the blood supply becomes sluggish, infection often occurs due to the lowered resistance of these tissues and eventually results in the loss of these teeth.

Conditions in which mechanical relation of opposing teeth tend to restrict or prevent facial growth, are found in cross-bite and in distocclusion cases. When the molar teeth are in a cross-bite, the maxillary or upper arch is restricted in growth, producing a very narrow arch while growth in the lower arch is accentuated producing an overly developed lower jaw. Cross-bite in the anterior or front part of the mouth tends to prevent a forward growth of the upper part of the face. If these cases are permitted to go untreated to the age of twelve or fourteen, the results generally become permanent. They develop a very flat upper face with quite a prognathic chin. These crossbite cases should be treated as soon as they are recognized whether it be in the deciduous dentition or during the mixed dentition.

In considering the second section or phase of Orthodontics, we will further break it down into several parts:

Psychological:

1. Conditions which seriously detract from patient's appearance.
2. Conditions which are a real source of worry but do not detract from personal appearance.
3. Conditions in certain individuals which produce a personality change.

In conditions which seriously detract from a patient's appearance, you could

have most any of the severe types of malocclusion such as protrusion of upper front teeth, irregularity in the alignment of the teeth, the distocclusion or again the Andy Gump type, and the bimaxillary cases or nigroid type mouth which resembles a person with a cotton roll in his upper or lower lip.

Then there are conditions that do not detract from a persons' appearance, but do tend to be a source of worry. Such cases as those which have an open bite of the front teeth tend to be a source of embarrassment. In such a case a person is unable to even bite a sandwich without putting it in the side of his mouth.

A child suffering from such a disharmony often develops a mental complex regarding it because of unwise and unnecessary comments by young friends and associates. True personality may be hidden or even a false one created. Such developments are extremely unfortunate. I have seen children who were failing in their school work become A students after receiving Orthodontic treatment. Juvenile courts have many histories of children where trouble started as a result of dental esthetics. One case in particular that I remember from court files was a teen age boy who was caught stealing such things as tires, hub caps and various other items pertaining to a car. The judge who handled the case was a woman and quite a good psychiatrist. While talking with the boy she found that his personality complex, which had instigated his petty thievery, had started at eight years of age about the same time his upper front teeth erupted. The teeth were quite protrusive and ill-spaced; and due to remarks made by the children in his class at school, he became a quiet subdued child, and very self-conscious of his teeth and of his facial appearance. By the time he was eleven he started skipping school and within a years' time he was before the juvenile judge. After studying the case he was placed on probation, and the judge sought the aid of an

orthodontist who agreed to treat the boy. In a matter of nine months this case was corrected, the boy was back in school and had become a very good student, at the time his record was written.

I could quote dozens of instances in which the life of an individual missed being ruined as a result of malocclusion of the teeth and a few cases in which it has been ruined.

Not all children will develop a personality change from a facial disharmony as a result of malocclusion. In a person with an assured, aggressive personality and a satisfactory adjustment to environment, even a severe deformity may be well tolerated, while others with a slight irregularity may develop a complex change. However, in the well adjusted child, if there is a personality change, it seems to be better. He tends to overcome any handicap by having a better personality. I have seen many people, and so have you, that when you first met them, you thought they had a negative personality, as a result of some facial deformity. After you got to know them, you could see nothing but a beautiful, beaming, personality and never the facial deformity which they might have.

So the Orthodontist's aim has a twofold purpose. He wants to make it possible for a child to enter his place in society and enable him to make his livelihood without any personality complexes as a result of a facial deformity. His second aim is to improve the health of the child or prevent any ill health whether it be oral or systemic by improving the masticating mechanism.

You may wonder why it should interest you and how you could possibly benefit the profession by having such knowledge. You as an assistant in a dental office are one of the most important parts of the office as far as the profession as a

whole is concerned. You are our Public Relations. You are the ones who talk, and should talk to the parents and patients about dentistry. As a person in public relations you are a teacher. A teacher affects eternity; he can never tell when his influence stops.

Mary Carolyn Davies has written a little poem which one might take as a creed for developing friendship:

"Make me too brave to be unkind,
Make me too understanding to mind
The little hurts companions give, and
friends,
The careless hurts that no one quite
intends.
Make me too thoughtful to hurt others so,
Help me to know the inmost hearts
of those for whom I care,
Their secret wishes, all the loads they
bear,
That I may add my courage to their own.
May I make lonely folks feel less alone
And happier ones a little happier, yet
May I forget what ought to be forgotten,
And recall, unailing, all that ought to
be recalled;
Each kindly thing,
Forgetting what might sting.
To all upon my way, day after day
Let me be joy, be hope. Let my life sing."
Let me be a friend.

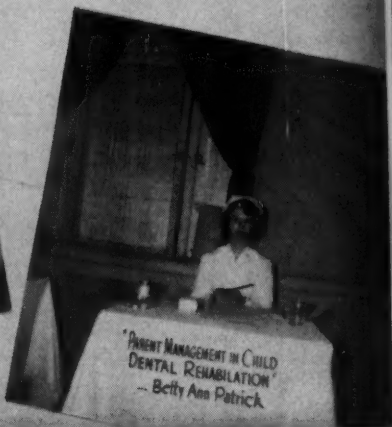
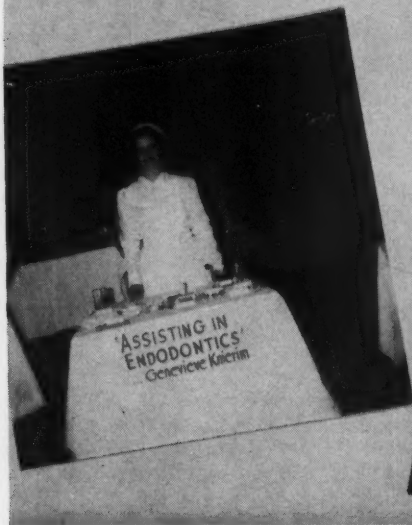
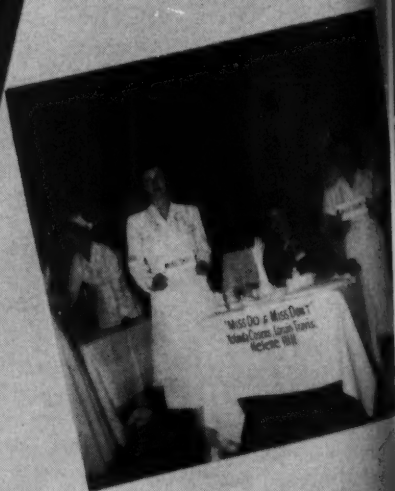
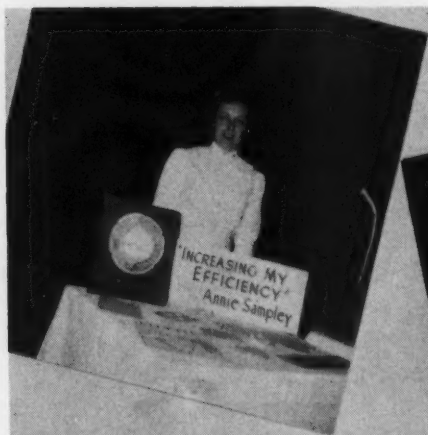
Reprint from The Excavator,
Florida State bulletin.

Every man has two educations—that which is given to him, and the other, that which he gives himself. Of the two kinds, the latter is by far the most valuable. Indeed, all that is most worthy in a man he must work out and conquer for himself.

—JEAN-PAUL RICHTER

A. D. A. A. AT WORK AND PLAY DURING THE 28th ANNUAL CONVENTION

Education



A glimpse of a few of the twenty clinics that were presented at the session. An opportunity to exchange ideas, and gain knowledge of the work in our chosen field—dental assisting.

Efficiency



1



2



3



4

Things worthwhile are accomplished by cooperative action. The members in these pictures joined the "team" with but one thought in mind—working together for another year's progress in the A. D. A. A. Furthering its educational aims by efficient service—giving unselfishly of their time and talents. The reward can't be carried in your pocket book or placed on display, it is carried in your heart.

1. Members of the A. D. A. A. Certification Board.
2. Members of the Journal Staff.

3. Members of the Official Family.
4. President and 2nd Vice-President.

Loyalty and Service



Recognition for a job well done. Loyalty, proved by years of loyal and efficient service to an employer. Awards for membership increase, and cooperation. Award for Achievement. Just rewards for success that was made through determined effort.

Installation of Newly Elected Officers



1



2



3



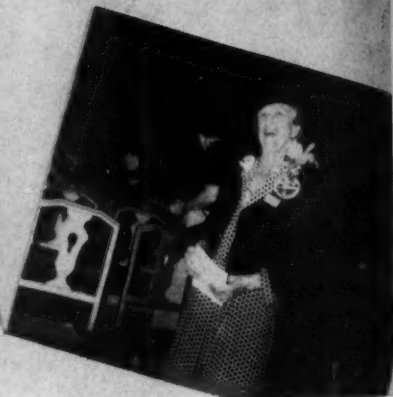
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An echo of challenge was heard as the members who had been selected as the leaders of the A. D. A. A. for the coming twelve months were installed in a beautiful candlelight service. Within a few days after this meeting came to a close, each of these members began the work assigned to her for the coming year. Letters will be going to various associations all over America offering counsel and advice, inspirations gained at this meeting will be passed along to those who were unable to attend, new societies will be organized. Whatever work is necessary to fulfill the numerous responsibilities of the various offices is underway. No member accepts the honor of an office unless she expects to **WORK—A LITTLE MORE.**

1. With a clasp of the hand, President Montgomery turns over the reins to incoming President Johnson. 2. We pledge our full support through the journal for the coming year.

3. New Trustees—filled with enthusiasm. 4. Officers—with a background of work.

Reception and Banquet



We honored President Montgomery, and paid tribute to our Pioneers, with an evening of relaxation, fun and fellowship for members, their families and guests.

1 and 2. At the reception President Montgomery dances with husband, Roy, to "Deep In The Heart Of Texas" played by the Midnite Sons of Chicago.

3 and 4. Officers and members relax and enjoy an evening filled with gaiety and excitement.

5 and 6. Are we living up to our Pioneers?

International Relations



1



2



3



4

We welcomed our guests from afar—

1. Our Canadian guests; Sylvania Hazzell and Margaret Good.

2. Our Hawaiian guests and delegate; Hygienists, Mary Paleko and Violet Fujikawa and delegate Annie Kerr.

3. Presentation of leis by Annie Kerr—a token of love and friendship.

4. Aloha.

Pictures courtesy of: Johnnie Triphahn, Anzanetta Lindsay, Mary Ann Wholly and the Editor.

The Dental Assistant

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No. 6

A JOURNAL FOR DENTAL ASSISTANTS DEVOTED TO INSTRUCTION IN THE PERFORMANCE OF THEIR DUTIES AND TO SELF-IMPROVEMENT

Bi-Monthly publication of the American Dental Assistants Association. Published for the purpose of encouraging the ethical and efficient conduct of dental offices. Publication of all statements, opinions, or data, is not to be considered as an endorsement of same by the journal or its publishers.

EDITORIAL

NO TIME FOR STARS?

By Sadie Leach

The year has rolled around, as years do, and once again Christmas. We find that our thoughts are turned constantly to others; we are carried along by a spiritual momentum, a something beyond commercialism and materialism, a sense that the real meaning of the season cannot be lost, even though we do become so engrossed in material things that we sometimes lose sight of the Christmas star.

The failure to sense the divine in the common place around us is very human. Amos R. Wells, the poet, has the innkeeper at Bethlehem give voice to this: "There was a sign, they say, a heavenly light . . . but I had no time for stars; and there were songs of angels in the air, but how was I to hear amid the thousand clamors of the inn?" We can all understand this innkeeper, for he is so much like all of us. An ordinary man, going about his ordinary duties.

Yet the fact that most of us are ordinary people does not mean that we need necessarily be blind and deaf to divine visions and voices. Consider the manger visiting shepherds—they too were ordinary people going about their ordinary duties; it was part of their job to be on the alert, because they were keeping watch over their flocks; yes, they were 'on the job'; but when the heavenly vision came they did not refuse to look and to listen; and while they were frightened they had adventurous minds; so they said "let us go and see this thing that has come to pass." I am glad that Luke told us about the shepherds who saw the star and heard the voices, as well as about the inn keeper who did not. It means that whoever we are we can hear the angels sing; we don't have to be wise men to follow a star and sense the meaning of divinity.

Once again Christmas—let's take time out to sense that real meaning—to follow—Joseph and Mary along the road from Nazareth to Bethlehem and at the end find "no room in the inn." Let us give a kindly thought to that poor harrassed inn-keeper; who hated, no doubt, to turn people away, but what could he do when his rooms were all full? After all, he is famous because he failed to recognize the divine presence when it knocked at his door.

Let us listen with the shepherds to that first Christmas carol, enjoy the riches of all of the beautiful Christmas carols that have been written and sung down through the ages, and revel in the beauty that has gathered round the day in song and pictures and customs, for all ages and all countries have added to the loveliness of Christmas

and we sense the true meaning of the season—Christmas is love's way of doing things, love's way of living.

Above a weary world there shines
The same bright Christmas star,
The light of faith, and hope, and love
On dear ones—near and far!
May it bring new gladness
New courage, and new cheer,
To bless you at this season
And to keep you through the year.

WORK—JUST A LITTLE MORE

By Violet L. Crowley

Our President has chosen as our theme for the year, "WORK—Just a Little More." She divided our year's work into six divisions, as she told us in her President's message in the last issue. The months of November and December are devoted to working—just a little more for greater friendships.

Perhaps to some of us the word "work" might not be very appealing. Perhaps our conception of work is all wrong. The following, written by Sidney A. Wetmore, provides food for thought in our attitude toward work.

WORK

"A little child, when asked his idea of work, said: "Anything I HAVE to do is work, and anything I WANT to do is play," which answer showed that the child recognized his relation to that form of activity known as "work"; also it demonstrated that work had been presented to his mind as drudgery.

Drudgery is work which we make difficult; which is done because we must do it, and which we regard with aversion: it is the hard, sordid form of work, seemingly without hope, and apart from any of the joy of accomplishment.

Work should be a joy: it should be the motive of our lives; and it would if we regarded it in the light of its being a labor of love; but we have come to think of what we call labor with almost a sense of pain. Most of us resolve our work into labor and, while it results in accomplishment, it becomes unpleasant and strenuous in the method of its execution.

The secret of true love of work is the hope of success in that work: not for the monetary reward; for the time spent, or for the skill exercised, but for the successful result in the accomplishment of the work itself."

Work is not only essential for most of us, but it is healthful. It has been proven that the human thought is clearer and freer because it has been necessary for people to work since the beginning of time. The success stories of the lives of men, whose names have gone down in history, all have a background of work. We do not work toward getting along, we give, and in the giving we gain influence.

It seems there could be nothing more worthwhile to work for than friendships. One of the fundamental wishes of mankind is the desire for association with other human beings. Nothing is more devastating to personality than isolation. Affiliation with the A. D. A. A. provides opportunities to form worthwhile and lasting friendships. Not just to rub elbows with people, as we do in all walks of life daily, but an opportunity to form worthwhile and creative relationships. To retain these relations there must be more work, work at giving sustained attention and care to these friendships, to be certain that they ripen into beautiful and enduring relations.

Work, not toward getting along, but giving, and in giving we are rewarded.

The Certification Picture

By EVA GARCIA

A.D.A.A. Certification Board

Certification is a very important step toward building Dental Assisting into a profession of which we can all be proud.

However, there is something wrong with this CERTIFICATION PICTURE for in it there are 2264 Certified members and the frame surrounding this picture is composed of 6650 members of the American Dental Assistants Association.

Now we all know that for such a large frame we need a larger picture or more Certified members to balance. That brings us to the reason for hesitation on the part of State and Local Societies to sponsor and encourage Certification. To date we have given 108 examinations in 39 states. Considering this program has been in effect 5 years and on a national basis, this is not nearly enough. Is your reason perhaps monetary?—This is hard to believe, for the cost of sponsoring a 104 hour course can easily be self-supporting by charging a small amount to cover the cost of materials used to each applicant, or the Society could, if they wished, pay for the cost of materials. This, as I said, is elective, while very nice it is not necessary. Perhaps your reason for hesitation is a feeling that you do not know enough eligible members who would be interested. I think if you approached members of your organization with the idea of sponsoring this course, you would be amazed at the response—such has been our experience. The modern woman in a professional career is searching for just this opportunity to increase her knowledge and skill, which the course offers. Women of today realize that they must take their place in the community and in the professional world and they cannot do this independently. They need your help and encouragement to provide this educational program. Is your reason for hesita-

tion, perhaps, the work involved? Considering how many Dental Assistants benefit from the Certification Courses, the returns far outweigh the work involved. Anyone engaged in the professional field must make up their mind toward a continual effort to improve. Once your 104 hour extension course outline has been thoroughly covered with competent speakers suggested by your own Dental Advisory Committee, the work of the Education or Certification Committee is mainly that of guidance and smooth operation. For all of you who have Certification Courses, and for you who are considering sponsorship, may I suggest the very fine reference of your 104 Hour Extension Manual which can be purchased from the Executive Secretary, Mary L. Martin, 410 First National Bank Building, La Porte, Indiana, for \$1.00 each. On the Second Page of the Directory of Certified Dental Assistants you will find the names of the Board of Directory and the Advisory Committee members who stand ready to give you the benefit of their valuable experience. If you are considering sponsoring a Certification Course—What can you expect? All of those who have, I am sure will back me on all these statements, and will tell doubting societies that the gains far outweigh the efforts and—tell them how proud you are of your own group. I wonder if you know how proud Dental Assistants are to be CERTIFIED?—You, who are the leading women in your communities—who know the true value of Certification can prevail upon others in your own local societies to be enthusiastic about furthering the educational standards of Dental Assisting through the medium of more education.

The Dentists working on this committee put forth every effort to make

AMERICAN
DENTAL
ASSISTANTS
CERTIFICATION
BOARD
INCORPORATED

THIS CERTIFICATE IS ISSUED TO

IN RECOGNITION OF HAVING FULFILLED THE
REQUIREMENTS AND QUALIFICATIONS OF THE
CERTIFICATION BOARD
CERTIFICATE NO. _____ ISSUED _____ 19__



CHAIRMAN

SECRETARY-TREASURER

the course both informative and inspiring. We feel that any assistant completing the 104 hour extension course *cannot* help being a better Dental Assistant.

We urge you all to get on the map and complete the Certification Picture. Lets have 6650 members and 6650 Certified Dental Assistants—so that our picture will fit our frame.

1952-53 OFFICERS OF THE A. D. A.
CERTIFICATION BOARD

Board of Directors:

Chairman: Mary Haney, 2210½ Military Ave., Omaha, Nebraska.

Vice-Chairman: Eva Garcia, 1016 Orange Grove, So. Pasadena, Calif.

Secretary-Treas.: Lillian McNutt, Box 233, Pampa, Texas; Margaret Sharp, Peoples Trust Bldg., Jasonville, Ind.; Grace Robinson, 2176 N. W. 26th St., Miami 43, Fla.

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Secretary: Ethel Baxter, 2015 Line Ave., Shreveport, La.; Nita Browning, 1001 Tribune Telegram Bldg., Salt Lake City, Utah; Corrine DuBuc, 156 Broadway, Pawtucket, R. I.; Dorothy Hodel, 2163 108th Ave. Oakland, Calif.

A Letter From Our British Friends

We appreciated this letter from Iris Palmer of England so much, and wanted to share it with our readers. It is always good to hear from assistants from other countries. Isn't her resume of the activities in her society interesting?—EDITOR.

30 Alesandra Park, Redland
Bristol 6, England
23-10-52

Dear Editor:

Just a few lines to tell you how much I enjoy reading your bright and interesting magazine. It always has something to stimulate and encourage one in one's daily work.

I have been meaning to write and say, "thanks", for quite a long time, but after reading the article on the Canadian and British Societies in your July-August issue, it occurred to me that you and perhaps your readers also might be interested to hear about what we do in Bristol? I am, of course, a member of the British Dental Nurses & Assistants Society, and in the Southwestern Branch area, (which covers all the south-west of England and also Wales). There are, at present, three separate groups centered in Bristol, Cardiff and Trowbridge. Here in Bristol we meet once per month at the Dental Hospital and usually have a Dental Surgeon to speak to us, or perhaps a film show or demonstration, although sometimes we do a quiz or question bee among ourselves instead.

This month, October, we had a representative of the S. S. White Company who showed us a film on "Abrasive Technique", which is, I expect well known to you on your side of the Atlantic!

In November we hope to have a talk

from Mill Kathleen Griffiths who is Dental Hygienist at the hospital. The subject is one which we are all very interested in and although their work is still regarded as something of an experiment in this country, I am personally convinced of the tremendous value of it in promoting better dental health and look forward to the time when this fact will be as widely appreciated here as it has been for many years past in America.

The annual general meeting of the whole society is held each Easter weekend, and takes place in rotation in the different Branch areas. This year at Birmingham, next year, Manchester, and gives a fine chance to meet fellow members from all over Great Britain. Perhaps one day we shall have an international Dental Assistants Society, and be able to meet colleagues from all over the world!

I take it that your association does not have an insurance scheme such as we have for accident and sickness benefit? It is included in our society subscription, and covers members for accidents, benefits payable immediately, and sickness, benefit payable after the fourth week. Head office maintains a library of books for help and interest to dental assistants, and also has most of the British, Canadian and American dental magazines, which members can borrow.

Well, I don't seem to have written such a very interesting letter, after all, but I felt I just had to send a few appreciative lines for you to add to your "boquets" file—I'm sure you can't have one for "brickbats."

With every good wish for your magazine's continued success.

Yours sincerely,

IRIS PALMER.

Readers Comment

"What a thrill to receive a telegram from our Connecticut delegation from St. Louis that I had been awarded the twenty-five dollar prize for the best contribution to "The Dental Assistant" during the year, and to have the check presented to me at our regular meeting on Wednesday."

"I am deeply interested in our magazine, and am grateful if I am able to contribute a little toward its success."—Gladys Havey, Greenwich, Connecticut.

Dear Editor:

I would like, through your publication, The Dental Assistant, to thank all the girls who sent such kind messages to me during the St. Louis meeting. I did appreciate so much being remembered.

Was so sorry, owing to recent illness, that I could not be with you this year, but can only say, God bless you all, and I shall hope to see you in Cleveland next year.

Sincerely,
MARION EDWARDS
Ontario, Canada

(Sent in by the Immediate Past President)

Dear Madam President:

I feel quite inadequate in attempting to put into words my appreciation for the many kindnesses shown me by the members of the American Dental Assistants Association during your 28th Annual Meeting. I shall long remember this wonderful experience of being the recipient of true hospitality.

I was greatly impressed by the cooperation of your members in working towards a successful meeting, and the amount of thought and work put into each section of the program. Your Committees are to be highly commended.

By comparison with your wonderful organization, the C.D.N.A.A. is merely an infant, but having the opportunity to see some of the accomplishments of the A.D.A.A. has given me "Enthusiasm" to carry on, with your association showing us the pathway to ultimate maturity.

Again may I express my heartfelt appreciation to you and your Committees for the privilege of being your guest. I only hope that we will have the opportunity—and the ability—to equal your hospitality when welcoming your delegate to our National Meeting in Montreal during October, 1953.

Very sincerely yours,
MARGARET W. GOOD,
President, C.D.N. & A.A.

WHAT IS THE MESSAGE YOU BRING

By THOMAS DREIER

Whether you are the head of the office or only one of the workers, you are responsible for what you bring into the place when you start a new day.

Do you come in with a smile, a laugh, a hearty greeting, any expression of joy? Or do you look like someone who has eaten a green persimmon, lost all your friends, or become the victim of an attack of dyspepsia?

The boss, as always carries the heaviest load of responsibility because he has more power to help or hurt. If he comes in with a warm greeting and a smiling face, all staff members will feel an uplift. If, on the other hand, he comes in with a black scowl and begins slamming things around and barking commands in an ill-natured voice, the office day will get off to a bad start.

Good times and good business start with good manners.

SUCCESS

No one has success until he has the abounding life. This is made up of the many-fold activity of energy, enthusiasm and gladness. It is to spring to meet the day with a thrill at being alive. It is to go forth to meet the morning in an ecstasy of joy. It is to realize the oneness of humanity in true spiritual sympathy.

LILLIAN WHITING.

NOTICE—Anyone owning a ball point pen that was given at the San Francisco meeting by Mr. Joe Ratner of the Mizzy Company may secure a refill for it by writing to Mr. Ratner at 849 Le Doux Road, Los Angeles 35, California.

Secretary's Corner . . .

By MARY L. MARTIN,
Executive Secretary

410 First National Bank Bldg.,
La Porte, Indiana

★ ★ ★ ★ ★

Beginning November 1st, 1952, all membership dues received in Central Office will be credited to 1953 memberships.

Because of the increased costs of operating, the recent House of Delegates accepted the proposed amendment to the ADAA By-Laws, increasing dues to \$4.00 per annum. Please keep this in mind, when remitting dues.

ADAA Information Booklets, Charts—"Advantages of Membership," "How To Organize A Local Society," and sample copies of the Journal are available at Central Office for use in booths at State Meetings, and in Membership Campaigns. They will be sent upon request.

Please make the following changes in your Directory of Officers:

CHANGES OF OFFICERS

ALABAMA—Cullman D.A. & H.A.—President, Betty Hooten, 208 Leeth Building, Cullman.

ARIZONA STATE D.A.A.—President, Doris Martin, 762 North Country Club, Tucson.

ARIZONA—Phoenix D.A.A.—President, Julia Farrell, 910 North 6th Street, Phoenix.

WASHINGTON—Yakima D.A.S.—President, Marjorie Chissus, 904 South 9th Street, Sunnyside.

CHANGE OF ADDRESS

New Jersey D.A.A.—Pres. Alice Eder—new address, 434 Haddon Avenue, Camden 3, New Jersey.

CHRISTMAS COMES BUT ONCE A YEAR

Those Christmas bells as sweetly chime
As on the day when first they rung
So merrily in the olden time,
And far and wide their music flung:
Shaking the tall grey ivied tower
With all their deep melodious power:
They still proclaim to every ear,
That Christmas comes but once a year.

THOMAS MILLER

IN RETROSPECT

On Christmas night, in chosen solitude,
The day's events pass slowly in review,
Yet shadowed by a change of time and
mood,

The outlines and coloring are new.
The children grouped about the lighted
tree

Are one small part of all who came
before,

And silhouetted with the choir, I see
The faces of a thousand thousand more.

How atom-small a single imprint shows
Upon the surface of a plaint mind!
Yet, implemented by the hammer blows
Of repetition, thoughts have been en-
shrined

Till, year by year, wherever wise men are,
They tell the Christmas message of the
Star.

—CECIL ROCKWELL

Views of the NEWS

By ALBERTA REED



"TO A POST-OFFICE INKWELL"

*"How many humble hearts have dipped in
you, and scrawled their manuscripts!
How shared their secrets, told their cares,
their curious and quaint affairs!
Your pool of ink, your scratchy pen, have
moved the lives of unborn men,
And watched young people, breathing hard,
put Heaven on a postcard!"*

CHRISTOPHER MORLEY

FIRST DISTRICT

News from Massachusetts

The Massachusetts Dental Assistants Association are planning a Christmas party in the Brown Derby Restaurant in Boston, Mass. State Visitation will take place at this meeting. In January, a representative from the Perkins Institute for the Blind will be guest speaker before this group and will discuss the Institute's activities and its methods for caring for the blind. A business meeting will follow. Mildred M. Perkins, State Publicity Chairman, sent in this report.

SECOND DISTRICT

News from New York

The Dental Assistants Society, First District, New York, Inc., held its regular meeting on November 21 at 8:00 P.M. on the 18th floor of the Hotel Statler, New York. Dr. M. Joel Freedman, Member of the Oral Hygiene Committee of Greater New York, spoke in an interesting manner on the subject of "How the Dental Assistant Can Help Spread the Benefits of Good Oral Hygiene." A pre-meeting clinic was presented at 7:30 P.M. by Ruth Beck. Her subject was "A Working Appointment Book" and covered the handling of appointments, broken appointments, recalls, planning ahead on cases, etc., letter of confirmation for telephone appointments and also telephone courtesy. Participation and Lecture Classes, under the leadership of Margaret Smith, have been well attended. They included X-Ray Procedure on October 7, Insurance on October 14, X-Ray Procedure again on October 21, Models on October 23, and Business and Banking on October 28. November 6 brought a lecture on "First Aid and

Nitrous Oxide." This active group began their Third 104-Hour Extension Study Course on September 4 with a lot of enthusiasm and a fine attendance. This course is under the supervision of the Planning Committee of the First District Dental Society. Rita Gonzales is Chairman of the Committee. Through September, October, and November the Study Course has included such interesting lectures as "Advancement of the Dental Assistant," "Bacteriology," "Sterilization and Asepsis," "Roentgenology," "Dental Anatomy," "Chair Assistance," "Oral Hygiene," "Diet and Nutrition," "Pediadontia," and additional lectures on "Chair Assistance." The Hotel Statler in New York was the scene of the graduation and the receiving of certificates and caps for the Second Extension Study Course on October 17. Dr. M. E. Michaelson, President of the First District Dental Society gave the greetings to the graduates. Dr. G. Courtrade, Past Chairman of the Planning Committee, acted as the Presiding Officer and delivered the principal address. Dr. Rosenman led the graduates in the Dental Assistants' oath. Dr. Irwin Levy also addressed the graduates. Sylvia Hauser, Chairman of the First Extension Study Course, capped the girls. A pre-meeting clinic was presented by Ida Kegeles on "Pouring, Mounting and Articulating Models." The pre-meeting dinner was held at the Gouverneur Clinton Hotel in New York and was well attended. Wednesday, December 10, will bring the regular meeting of this group at the Hotel Statler in New York. This will be held during the week of the Greater New York Dental Meeting. A pre-meeting dinner will be held at the Hotel Gouverneur Clinton and a cordial invitation is extended to all dental assistants from out of town to attend this dinner and meeting. On Friday morning, December 12, at the Hotel Statler, Sylvia Hauser and Lois Walker will present a clinic entitled "Good Will Builders," showing ways of pleasing and handling the child patient, methods of management of the practise so as to maintain high standards in sterilization, chair assisting, care of equipment, etc. On that Friday afternoon, Sylvia Danenbaum, President of the Society, and Helen Siptrott, Past President, will represent the Dental Assistants Association of the State of New York

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by giving a clinic entitled "For Efficient Economy." This clinic will cover the secretarial phase of dental assisting and will include a collection of general helpful hints. The officers and members of the Dental Assistants Society, First District, New York, Inc., wish to extend best wishes for a Merry Christmas and a Happy New Year to all their sister-assistants in the American Dental Assistants Association. Sylvia M. Weill, Publicity Chairman, sent in this excellent report.

The President of the New York State Dental Assistants Association, Mary Kelley, has advised the members of her society that the newly revised New York State By-Laws are ready for distribution. Lillian Couch and Fanny Cohen from the Brooklyn group are responsible for the wonderful results in revising and modernizing these By-Laws. Gala "goings-on" are being planned for the Silver Anniversary of the New York State Dental Assistants Association. It will be celebrated at the next Annual Meeting to be held at the Gouverneur Clinton Hotel in New York City in May, 1953. Sylvia Hauser is Program Chairman and her committee are doing a fine job. Mary Kelley's address is 636 Sibley Tower Building, Rochester, New York. Corresponding Secretary is Helen Overfield, 120 Hardwood Place, Buffalo, New York. Either girl will be glad to receive your reservation to attend the Silver Anniversary Meeting. The next Board Meeting is scheduled for January and will be held at the Van Culer Hotel in Schenectady, New York. Lee M. Taras, Reporter for the New York State Dental Assistants Association, is responsible for this interesting report.

Lee Taras also provided the following report on the Second District Dental Assistants, State of New York, for Belle Price, Publicity Chairman. October 17 was the date of the first post-summer meeting of the Second District's Dental Assistants Study Club held at the wonderful new Second District Dental Society Headquarters, 111 Fort Greene Place, Brooklyn 17, New York. "The Annual Capping Service For Newly Certified Dental Assistants" was the theme of the evening and it proved to be an inspiring meeting. Dr. Adolf Wagner, Chairman of the Planning Committee, conducted the meeting. Miss Ruth Doring, past Chairman of the American Dental Assistants Association Certification capped the graduates and our Trustee, "Perry" Fairchild presented greetings. Marion Abbazia, Chairman of Classes for 1951-1952, was commended for her splendid work and Josephine D'Agostino, the new Chairman, was introduced. This solemn meeting had the proud approval of our President, Mary Anselmo. Applications are now being accepted for our Fourth Extension Study Course. The fee for this course is \$35.00 for 35 3-hour evening sessions and

classes are presented by outstanding instructors in each subject. Send your applications to Marion Abbazia, 5211 8th Avenue, Brooklyn, New York. Fee must accompany application requests. The November classes will include "Dental Office Management" given by Dr. Adolf Wagner on November 5, "Terminology, Orientation" by Dr. M. Raeder on November 12, "Dental Economics" by Dr. I. Tulkin on November 14, and "Records, Bookkeeping" by Dr. I. Tulkin on November 19. Hours are from 7:30 to 10:30 P.M. and all meetings held at 111 Fort Green Place. Our President, Mary Anselmo, was in California during the horrible earthquakes and we are happy to have her back, safe and sound. Preparations are already underway for our Christmas Party in December. Do you think we are rushing the season? Let us be the first to say "Merry Christmas and Happy New Year" to all of you!

The Syracuse Dental Assistants Society participated in a beautiful candlelight service when they installed their new officers on September 8 in Parlor G of the Hotel Onondaga, Syracuse, New York. Alberta Spaulding, Installing Officer, was assisted by Mrs. Vernon Kompe, Conducting Officer, and Katherine Hauman presided at the Friendship Table during the installation service. Grace Obert, Publicity Chairman, submitted this report.

News from New Jersey

Charlotte M. Johnson, Publicity Chairman for the New Jersey State Dental Assistants Association, writes that their first fall meeting was held at the home of their Secretary, Corrine Kernes, on September 21. The Southern Dental Assistants had as their guest speaker Mrs. Ethel E. Radler, Chief City Warden of Camden, New Jersey. Her subject was "Civilian Defense." The meeting was held at the Camden City Free Dental Clinic on September 17. Virginia Watson, Entertainment Chairman, announced final plans for the Annual Card Party and Fashion Show to be held at the Haddon Fortnightly, Haddonfield, New Jersey, on October 8. The regular October meeting of this group will hear Dr. Robert L. Vetter speak on "Mouth Rehabilitation" while he illustrates with slides. Evelyn Cranmer, President, gave an account of her activities as a State Delegate to the American Dental Assistants Association National Meeting in St. Louis at the September meeting, and urged all members to get out and work to build membership.

THIRD DISTRICT

News from Ohio

The Stark County Dental Assistants Society opened their autumn session with a dinner meeting at the Elite Restaurant in Canton, Ohio, followed by an interesting and informative talk by Mr. Ernest Sellers, Assistant Secre-



TIDEWATER DENTAL ASSISTANTS OF VIRGINIA AT CERTIFICATION CEREMONY. From left to right, Mrs. Pruda Barrett, Mrs. Marion S. Bailey, Mrs. Moseille Comer, Miss Emily Price, Mrs. Jewel Seagraves, Mrs. Eunice Pytkas, Miss Jeannette Turbyfill, Mrs. Marilyn Fine, Mrs. Dorothy Watkins, Mrs. Margaret James, Mrs. Pat Mason and Mrs. Frances McCoy, (Miss Christine Rew was not present for the capping).

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DOTHAN ALABAMA DENTAL ASSISTANTS ASSOCIATION INSTALL OFFICERS. Seated, left to right: Jeanette Mallow, Frankie Burdeshaw, Evelyn Seago. Standing left to right: Lorraine Glausier, President; Syble Taylor, Secretary; Evelyn Green, Velma Vaughan, Robbie Trawick, Bonnie Sconyers, Eugenia Rodgers, Vice-President; Ernestine Lurie, Past President.

ary of the Ohio State Dental Board. He selected "Ethics" as his topic and presented a brief history of dentistry in Ohio, the "birth-place" of recognized dentistry, followed by an explanation of what a dental assistant can and cannot do in a dental office, according to the state law. He pointed out how a dental assistant can improve or injure her doctor's practice. A business meeting closed this session, conducted by Goldie Anstine, President, with reports received from Vera Perdue, Secretary, Beverly Gallon, Treasurer, and Marilyn Weaver, Ways and Means Committee Chairman. Stark County has six girls completing the Third Extension Study Course soon, three of them eligible to sit for the Certification Examination in Columbus, Ohio, in November. Their recent lectures include "Bacteriology" given by Mr. Theodore Stout of the Ted Stout Medical Laboratory, "Cements and Amalgams" by Dr. Howard Smith, "Diet and Nutrition" by Mrs. Gladys Wakefield, "Inlay Technique" by Mr. Bert Tucker of Jelenko Gold Company, "Pathology" by Dr. Bill Rogers, and "Anatomy" by Dr. C. L. Pressler.

Ohio will soon have a new component society by the name of the North Central Dis-

trict Dental Assistants Society. Their constitution and by-laws are under way. Ruth Waldock who, incidentally, will be their first president, sends this encouraging news.

The Dayton Dental Assistants Society is all agog (except Blanche Overpeck) over a special celebration they are planning. Blanche is a charter member of this society and has been a dental assistant for 25 years. They are getting ready for a Silver Anniversary for her—and she doesn't know a thing about it! Wednesday, October 29, is the BIG day and Dayton hopes that dental assistants in all the forty-eight states and Hawaii will shower Blanche with cards and notes and, if possible, a snapshot of yourselves to add to the scrapbook that will commemorate this occasion. You may address your message to her, Blanche Overpeck, c/o Dr. E. J. Spencer, 1933 North Main Street, Dayton, Ohio, or to Dayton's President, Mary Tollinger, c/o Dr. W. A. Weprin, 704 Salem Avenue, Dayton, Ohio. Come on, girls, let's doff our caps to a seasoned dental assistant! Eleanor Sterling, Vice President and Publicity Chairman of the Dayton group, invites you to join with them in this celebration.



NEWLY CERTIFIED MEMBERS OF FT. WORTH, TEXAS, ASSOCIATION. Shown with instructors. Top row, left to right, Dr. Wm. M. Summers, Dr. Eugene Brown, Dr. Curtis LeDruux, Dr. G. G. Brendel, Dr. Chas. Pugh, Dr. Kenneth Thurmond, Dr. L. A. Vander Hamm. Second row, left to right, Dr. Jack Clark, Dr. John Tipton, Dr. Willis Murphey, Dr. W. F. Slaughter, Dr. W. J. Lawrence, Mary Louise Luce. Front row, left to right, Johnny Van Espen, Elaine Burns, Francis Compton, Helen Garrett, Ruth Kelly, Mary McMillner, Mary O'Shield, Mae Shelton, Polly Williams.

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News

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PANHANDLE DISTRICT SOCIETY OF TEXAS HOLDS CERTIFICATION CEREMONY. Shown with the members who received their caps and certificates, on the left, is Vi Alexander, who presented a brief history of the ADAA to them. On the right, Dr. and Mrs. J. B. Landers at whose home the ceremony was held.

News from Pennsylvania

Beulah M. Grove, Secretary of the Harrisburg Dental Assistants Society, Harrisburg, Pennsylvania, sends encouraging news of an infant society which is now growing lusty and strong. Only last November did they meet with the purpose in mind to create an organized Dental Assistants Society. Dr. Kenneth Heisey of Harrisburg, Pa., served as their moderator and assisted in the organization of their society. The organization of the society was accomplished, committees appointed, and Constitution and By-Laws adopted. A lovely candlelight installation service conducted by Dorothy Heatwole, Third District Trustee from Washington, D. C., and Alicia King, Pennsylvania State President of Pittsburgh, Pa., brought the new officers into their respective offices. Monthly meetings have provided such informative lectures as "Telephone Technique" by the Harrisburg Bell Telephone Company, "Practical Psychology in the Dental Office" by Professor Richard Wanner of Dickerson College, Carlisle, Pa., "The Necessity of an Assistant in the Office" by Mr. Roy Cobaugh, Secretary and Business Manager of the Pennsylvania State Dental Journal, and "Personality in Use in the Office" by Mr. George Fine, Sales Manager of Williams Gold Company. A picnic

and various sales projects to raise funds for the Ways and Means Committee have increased the interest and activity of this new group. We send you our congratulations and best wishes for a successful and growing society.

News from the District of Columbia

Ellen Wertheim, Publicity Chairman, writes that their first fall meeting, held on September 18, honored their girls who had passed the Certification Examination with an impressive capping ceremony. On October 22, all members were agog when they attended a White House Tea, with Mrs. Harry Truman as their hostess. And the District of Columbia dental assistants extend hearty congratulations to the newly elected officers of the American Dental Assistants Association.

FIFTH DISTRICT

News from Tennessee

The Memphis Dental Assistants Society was well represented at the American Dental Assistants Association Annual Meeting in St. Louis in September. Those attending were Ethel Whittenton, Past President of the American Dental Assistants Association, Ione Roberts, Immediate Past President of the Tennessee State Dental Assistants Association, Vir-

ginia Carpenter, President of the Memphis Dental Assistants Society, Frances Davis, State Delegate from Tennessee, Esther Shapiro, and Thalia Kock. The Tennessee Association walked off with a trophy and check for its increase in membership, the Outside Subscription Trophy, and the Memphis group was awarded a check as first prize for submitting the best educational program for 1952. Ione Roberts was elected Fifth District Trustee and enjoyed the pleasure of a week-end visit at her home with Annie Kerr, Delegate from Honolulu. A dinner party at Chickasaw Country Club on September 12, with members of the Memphis group serving as hostesses, honored Miss Kerr, followed by a luncheon on September 13 at the Skyway in Hotel Peabody with Ethel Whittenton as hostess. A large group of the girls accompanied Annie to the airport where she boarded a plane for Atlanta, Ga., to be the guest of Katie McConnell and Marie Shaw for a few days before returning to the west coast. Ione Roberts, Fifth District Trustee, is our reporter.

SEVENTH DISTRICT

News from Minnesota

An enthusiastic report from Ruth Asp, President of the Minnesota Dental Hygienists and Assistants Association, Minneapolis, Minnesota, tells us that four members from their group attended the National Meeting in St. Louis in September. These girls have now returned with greatly renewed enthusiasm. Jean Sembla, winning clinician of the Minnesota State Clinic Program, was Delegate to the National Meeting and one of 20 girls privileged to present a clinic at Kiel Auditorium at the National Meeting. Minnesota is proud to report that Certification Study Courses are in progress at the University of Minnesota, Minneapolis, at the Duluth Branch of the University, and in the Fergus Falls District.

News from Iowa

Carol Meier, Publicity Chairman for Iowa State Dental Assistants Association, reports on those girls who successfully completed their Certification Examination at Des Moines, Iowa. They were Jane Bradrick, Ruth Freeland, Carrie Martindale, and Maralyn Smith of Clarinda, Rose Gonzales, Arline Nilles, Maurie O'Brien, Lucille Theis, and Betty Walech of Dubuque, Mary Howe of Waterloo, and Wanda Lawger of Clarinda.

EIGHTH DISTRICT

News from Missouri

The Springfield District Dental Assistants Society met September 17 at the Kentwood Arms Hotel to renew acquaintances and plan future meetings. Following dinner, interesting reports were received from Irma Owen, Dorothy Hyde, and Mary Margaret Berg on the National Meeting in St. Louis which they at-

tended. The Springfield girls attended the all-day meeting in October with their doctors. Many outstanding speakers were heard at this meeting. Grace McNerney reports from Springfield.

NINTH DISTRICT

News from Oregon

Oregon State Dental Assistants Association was represented at the National Meeting in St. Louis by Marion Olanie. She proudly reported, at their regular monthly meeting held at the Broiler Restaurant, that Oregon State was awarded the Second Prize Plaque in the Poster Competition. The poster was submitted by the Dental Assistants from Coos Bay County. We are indebted to Jean Buckschnis for this news.

TENTH DISTRICT

News from Texas

The Panhandle District Dental Assistants Society is proud of its newly capped members, LaRue Campbell, Jane Fauser, Janie Harvin, Hope La Shier, Katherine Sadler, Janet Starnes, and Martha Skelton. They were capped recently in the home of Dr. and Mrs. J. B. Landers at an impressive ceremony with Rubye Lock, President, serving as Installing Officer. She was assisted by Dr. Jack Landers, Instructor of the Certification Class. The address to the graduates was given by Vi Alexander, who also presented a brief history of the Dental Assistants Organization. The ceremony closed with the Dental Assistants Pledge and a benediction. Thanks to Nita Boynton of Amarillo, Texas, for this news.

Your Editor is happy to welcome Mary Frances Bryant, Reporter for the Texas State Dental Assistants Association, to our ranks and we will be looking forward to news in the next issue from Fort Worth, Texas.

ELEVENTH DISTRICT

News from California

Helen Henderson of Van Nuys, California, reports for the Los Angeles Dental Assistants Society that a Certification Study Course for 1953 is planned for their group, as well as their Mid-Winter Conference. The members of this group have recently enjoyed two interesting and educational lectures. The first was "Clinical Nutrition, Psychosomatic Medicine, and Diet Analysis" by Dr. Michael J. Walsh and the second was "The Grace and Strategy of the Office Team" by Dr. John Woehler.

News from Hawaii

Catching up on the activities of our friends on The Islands, Healani C. Doane, Reporter for the Honolulu County Dental Assistants Association, writes of the picnic held at Kapiolani Park on the Beach at Waikiki. Forty-six members were present and Betty Hamakawa, President of the newly organized



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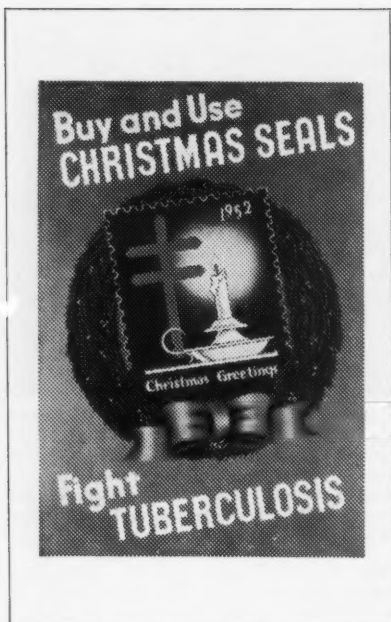
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NOVEMBER - DECEMBER



NORTHERN CALIFORNIA ASSISTANTS VISIT HONOLULU ASSOCIATION MEETING. Seated Left to Right—Christine Hulihee, President-Elect; Esther Caspino, President; Jinx Wood, Past President of Northern CDAA. Standing Left to Right—Annie Kerr, Mary Skinner, NCDAA and June Setterlund, RN.

Hilo County Dental Assistants Association, was an honored guest. She spoke briefly on the forming of their organization. In July, a dinner meeting was held at the Hale Nanea with Dr. Robert Sample as the speaker of the evening. He chose as his subject "The Accomplished Dental Assistant." His charming wife, Mrs. Robert Sample, and Miss Mary Steers, a former dental assistant, were also honored guests. Miss Steers formerly was President of the Northeastern Kentucky Dental Assistants Association, is now associated with the Air Force, and is stationed at Hickam Field. The August meeting was again a dinner meeting, this time at the Evergreen. The Honolulu County Dental Assistants were honored to have as their guests Jinx Wood and Mary Skinner, members of the Northern California Dental Assistants Association, and June Setterlund, Registered Nurse, who was vacationing in The Islands. Jinx addressed the members briefly and climaxed the evening by presenting Annie Kerr, Delegate to the National Meeting for the past three years, with a check from the Northern and Southern California Dental Assistants Association to help defray her convention expenses. Annie was speechless but all those present felt her joy in this gift. As this report is being sent to the United States, Annie is completing her last-minute preparations to depart with her good Dr. Dawe, who also has contributed generously to her convention trip, for St. Louis and the National Meeting. Me kealoha poina ole to Jinxie, Mele, Une, Agmale, and all our dental assistant sisters. So says Healani Doane from Hawaii.



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From the first convention held in Louisville, Kentucky in 1925 through the twenty-eighth one held in St. Louis, Missouri in 1952, the record of the Dental Assistants' Association has been noteworthy and glorious.

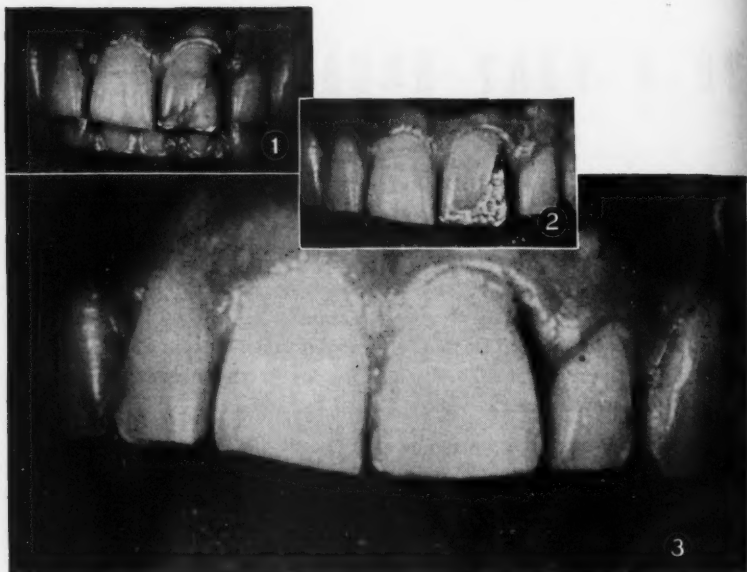
Dentistry could not fail but gain from the united efforts of a group which in its own words says in part: "The particular object of this Association shall be: To aid in the advancement and elevation of the dental profession . . . to bring to its members in their relation to the public . . ."

Dentistry's progress in the last three decades bears a definite relationship to the progress of the American Dental Assistants' Association. Mrs. Steve Ann Montgomery, the recipient of the achievement trophy for 1952, is this year's embodiment of all the things Miss Southard was dreaming of in her vision of the dental assistant many years ago and of the lofty position the dental assistant would rightfully claim in the years to come.

We are proud to proclaim the foresight of your founder; we stand in awe at the courage it must have required in your organization's infancy to keep it moving ever onward in the face of difficulties (for beginnings are hard); we salute the achievements of your Association through this year of 1952.

. . . Again we say, with sincere recognition of a dream well dreamed, of a plan well planned, of a deed well done—orchids to a very great lady, Miss Juliette A. Southard.

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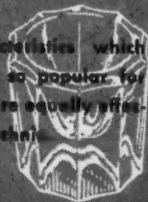
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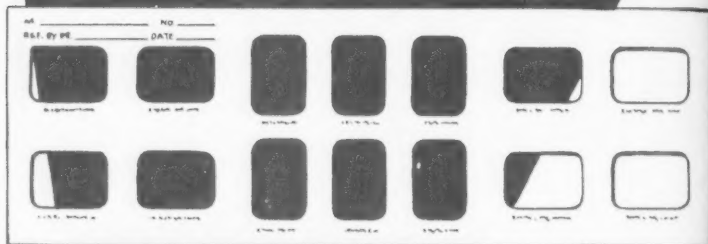
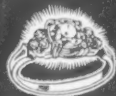
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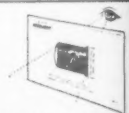
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